

**NC DIVISION MH/DD/SAS SUBSTANCE ABUSE (SAPTBG)
PROGRAM MONITORING PREVENTION
2006/2007**

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|---|--|---------------------------|---------------|
| LME: | | Date: | |
| Contract Provider: | | Staff Interviewed: | |
| Rating Codes: 0 = No 1 = Yes | | | Rating |
| 1. There is evidence of activities for one-way information dissemination concerning available prevention services and programs about awareness and knowledge of alcohol, tobacco and drug use, abuse and addiction and their effects on individuals and families. | | | |
| 2. There is evidence of activities for education and two-way communication that is interaction between the educator / facilitator and participants. | | | |
| 3. There is evidence of activities for alternatives that targets participation of specific populations in activities that exclude alcohol, tobacco and drug usage. | | | |
| 4. There is evidence of activities for problem identification and referral to determine if youth who have indulged can have their behavior reversed through education. | | | |
| 5. There is evidence of activities for community-based process that includes organizing, planning, and enhancing efficiency and effectiveness of service implementation, inter-agency collaboration, coalition building and networking. | | | |
| 6. There is evidence of activities for environmental activities that target establishing or changing written or unwritten community standards, both legal / regulatory and service and activity-oriented initiatives. | | | |
| 7. A policy indicates the Provider agency is a drug-free workplace. | | | |
| 8. The LME has notified/informed the contract provider of the Block Grant requirements for the services provided. | | | |
| COMMENTS (Continue on back if needed): | | | |
| MONITOR: | | | |

NC DIVISION OF MH/DD/SAS
2006/2007 Protocol
SAPTBG – Program (Substance Abuse Prevention & Treatment Block Grant)

PREVENTION
MONITORING INSTRUCTIONS

Questions #1 – 6: The monitor will see at least one example of compliance for each question.

Question #1 Information Dissemination: This strategy provides awareness and knowledge of the nature and extent of alcohol, tobacco, and drug use, abuse and addiction and their effect on individuals, families and communities. It also provides knowledge and awareness of available prevention programs and services. Information dissemination is characterized by one-way communication from the source to the audience, with limited contact between the two. Examples include:

- ***Clearing House/information resource center(s)***
- ***Media campaigns***
- ***Radio /TV public service announcements***
- ***Health fairs/other health promotion, e.g., conferences, meetings, seminars***
- ***Information lines/Hot lines; and other***
- ***Resource directories***
- ***Brochures***
- ***Speaking engagements***

Question #2 Education: This strategy involves two-way communication and is distinguished from the information dissemination strategy by the fact that interaction between educator/facilitator and the participants is the basis of its activities. Activities under this strategy aim to affect critical life and social skills, including decision making refusal skills, critical analysis (e.g. of media messages) and systematic judgment abilities. Examples include:

- ***On-going classroom and/or small group sessions (all ages)***
- ***Parenting and family management classes***
- ***Peer leader/Helper programs***
- ***Education programs for youth groups***
- ***Children of substance abusers groups***
- ***Preschool ATOD prevention programs***
- ***Other***

Question # 3 Alternatives: This strategy provides for the participation of the target population in activities that exclude alcohol, tobacco, and other drug use. The assumption is that constructive and healthy activities offset the attraction to or, otherwise meet the needs usually filled by alcohol, tobacco, and other drugs and would therefore minimize or obviate resorting to the latter. Examples include:

- ***Drug free dances and parties***
- ***Youth/adult leadership activities***
- ***Community drop-in centers***
- ***Community service activities***
- ***Mentors***
- ***Other***

Question # 4 Problem Identification and Referral: This strategy aims at identification of those youth who have indulged in illegal/age-inappropriate use of tobacco or alcohol and those individuals who have indulged in the first time use of illicit drugs in order to assess if their behavior can be reversed through education. It should be noted, however, that this strategy does not include any activity designed to determine if a person is in need of treatment. Examples include:

- **Marketing Only of Employee Assistance Programs; (Division of MH/DD/SAS policy prohibits the earning of federal or state funds to support DWI Assessments or ADETS Programs)**
- **Student Assistance Programs**
- **Other**

Question #5 Community-Based Processes: This strategy aims to enhance the ability of the community to more effectively provide prevention and treatment services for alcohol, tobacco, and other drug abuse disorders. Activities in this strategy include organizing, planning, enhancing efficiency and effectiveness of service implementation, inter-agency collaboration, coalition building and networking. Examples include:

- **Community and volunteer training, e.g., neighborhood action training**
- **Systematic Planning**
- **Multi-agency coordination and collaboration/coalition**
- **Accessing services and funding**
- **Other**

Question # 6 Environmental: This strategy establishes or changes written and unwritten community standards, codes and attitudes, thereby influencing incidence and prevalence of alcohol, tobacco and other drugs used in the general population. This strategy is divided into two subcategories to permit distinction between activities which center on legal and regulatory initiatives and those that relate to service and action-oriented initiatives. Examples include:

- **Promoting establishment/review of alcohol/tobacco/other drug policies in schools**
- **Guidance and technical assistance to communities to monitor and maximize local enforcement procedures governing availability and distribution of alcohol, tobacco and other drug use.**
- **Modify alcohol and tobacco advertising practices.**
- **Product pricing strategies**
- **Other**

Question # 7 Review the policy that indicates the Contract Agency is a drug-free workplace.

Question # 8 Review evidence that the LME notified/informed the contract provider of the requirements of the SAPT Block Grant.